

BENEFITS

Fresh juices and smoothies are a healthy option that can significantly enhance staff well-being.

Juice provides a concentrated dose of essential vitamins, minerals, and antioxidants

Immune function



Alertness



Smoothies contain high quality macronutrients, and retain all-important dietary fibre.

Heart Health



Stable insuline



OPTIONS

Simple solutions to your nutritional needs.

Email



Send us a list of drinks you would like to order; either a random selection or staff choices.

Online

http://



We issue a discount code (any %) for staff to redeem on our website. Hassle free for the organiser!

Easy Peasy



Bioplastic Cups



12oz - £4.35

16oz - £5.45

rPET Bottles



250ml - £3.10

500ml - £6.00

1000ml - £11.95

JUICE

Wake Up

carrot, apple, lemon ginger

Fresh Start

carrot, apple, mint

Bromelain Booster

pineapple, pear, carrot, spinach

Electrolytening

beetroot, apple, cucumber, celery, lemon, ginger

Green Fire

kale, cucumber, pear, ginger

Energise

pear, apple, celery, lime, ginger

Overhang

spinach, celery, cucumber, pear, apple, ginger

VitAmix

beetroot, apple, carrot, lime, ginger

SMOOTHIE

Blissful Berry

mixed berries, banana, honey, chia seed

Nuts About Cacao

peanut butter, banana, honey, cacao, pink salt

Supergreens

kale, apple, banana, lime, ginger, spirulina

Black Forest

berries, banana, cacao, honey, gf oats, chia

Cardiac Cashew

cashew butter, banana, gf oats, pink salt, vanilla, honey, flaxseed

Summer Strawberry

strawberries, coconut milk, banana, gf oats, honey

Tropical

pineapple, mango, banana, lime, honey, coconut milk, flaxseed